



YOUTH & FAMILY TRIATHLON!!

SUNDAY, AUGUST 10, 2008

First wave will begin at 8:00 a.m.

The City of Dubuque Leisure Services Department proudly presents the 3rd Annual Youth & Family Triathlon. The Triathlon events will begin with a swim at Sutton Pool, continue with a bike ride around the Hawthorne Street and Eagle Point Park areas, and end with a run along the Dubuque Jaycees Trail. All finishers will receive a souvenir medallion.

Competitor Information:

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Birthdate: ___/___/___ Sex: ___ M ___ F

Age Group on Race Day (please check one):

Division:

| | | | |
|-----------------|---------------|---------------|---------------|
| ___ 6 and Under | 25-yard swim | 1-mile bike | 0.25 mile run |
| ___ 7-10 | 100-yard swim | 3.6-mile bike | 0.6 mile run |
| ___ 11-14 | 200-yard swim | 6-mile bike | 1.4 mile run |
| ___ 15-18 | 400-yard swim | 8.2-mile bike | 2.8 mile run |

Family Division (one adult and two children under 18yrs of age)

___ 100-yard swim 3.6-mile bike 0.6 mile run

Please fill out form completely (one per participant). By doing so, you are giving your child permission to participate in this activity, and agree that the Leisure Services Department and their employees are not responsible for injuries or accidents which may occur while participating.

Parent/ Guardian Information

First Name: _____ Last Name: _____

Day Phone: _____ Cell/ emergency contact: _____

The entry fee for the Youth Triathlon is **\$8 per person**; **Family Division is \$12 per team**. Make checks payable to *Leisure Services Department*. A separate entry form is required for each athlete and the registration form must be completed and signed. Please send the check and completed forms to: 2200 Bunker Hill Rd, Dubuque, Iowa 52001.



REGISTRATION DEADLINE IS FRIDAY, **AUGUST 1ST**
A CONFIRMATION LETTER REGARDING SPECIFIC RACE
TIMES WILL ME MAILED TO ALL PARTICIPANTS

